



GrooveAnywhere™ Membership for HealthyCT Members



By keeping your heart rate up with our quick-changing online C3 Interval Workouts™, you can spend less time working out and more time in your life.

Get Cut - Build Cardio - Strengthen Core

~~\$29~~

\$20 Monthly
Membership

Get Started Today!

Join now at

GrooveAnywhere.com

Use promo code **HealthyCT**

Any questions? Email

support@grooveanywhere.com

Membership includes:

- Free 7-Day Kickstart. The perfect way to help you build a healthy routine.
- Over 30% discount off monthly membership.
- Unlimited access to C3 Workouts™
- Online and mobile-friendly workouts that you can do anywhere.
- Guidance to balance your food and ongoing support from a personal trainer & instructor, physical therapist, and health coach.
- No Registration Fee.
- No Cancellation Fee.