



HealthyCT members, join the Mandell JCC and receive special offers:

- Pay NO registration fee! Savings of up to \$150.
- Smart Start to Fitness Program – 5 complimentary sessions with fitness professionals (\$250 value for FREE)

Must present flyer to receive special offers.



Fitness & Wellness:

- Hoffman Field House with full-size gymnasium for basketball, volleyball, indoor soccer and more
- Fitness Center with 70+ pieces of cardiovascular equipment, Octagon Functional Training equipment, strength training circuits and free weights
- Group Exercise Studios for Spinning, Yoga, Zumba, BodyPump, BodyCombat and more
- Hollander Aquatics Center with three pools, including whirlpool, 25-yard lap pool and indoor training pool
- 80+ weekly land and water group exercise classes
- Certified and experienced personal trainers
- Men's Basketball Leagues
- Racquetball Courts
- Adult Swim Lessons



Children's & Family Programming:

- Summer Camps
- Family Room Parenting Center
- Youth & Teen Theater
- Dance School
- Karate School
- CoolFit interactive fitness center for children ages 7-14
- Indoor Playscape
- Babysitting
- Sharks Swim Team
- Children's Enrichment Classes – For Birth through Teens
- Jewish Programming
- Children's Swim Lessons
- Early Childhood Center



Culture, Community & Events:

- Jewish Book Festival
- Hartford Jewish Film Festival
- Special Needs programming & events



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